

PageSpeed Insights

Mobile

Utilizamos cookies propias y de terceros para realizar análisis de uso y de medición de nuestra web para mejorar nuestros servicios. Si continúa navegando, consideramos que acepta su uso. Puede obtener más información consultando nuestra Política de cookies.



50 / 100 Speed

Should Fix:

Enable compression

Compressing resources with gzip or deflate can reduce the number of bytes sent over the network.

[Enable compression](#) for the following resources to reduce their transfer size by 428KiB (74% reduction).

- Compressing <https://www.mantia.es/js/script.js> could save 315.3KiB (72% reduction).
- Compressing <https://www.mantia.es/css/mantiacss.css?20180109> could save 112.5KiB (82% reduction).
- Compressing <https://www.mantia.es/css/print.css> could save 233B (38% reduction).

Mobile

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://www.mantia.es//cursos/image/catalog/imagencursos/marketing-distribucion-comercial-y-fuerza-de-ventas-oferta.jpg> (expiration not specified)
- <https://www.mantia.es//cursos/image/catalog/imagencursos/operaciones-basicas-de-cajas-gratis.jpg> (expiration not specified)
- <https://www.mantia.es//cursos/image/catalog/imagencursos/plan-de-marketing-y-organizacion-de-ventas-gratis.jpg> (expiration not specified)
- <https://www.mantia.es/css/fonts/TitilliumText22L003-webfont.woff> (expiration not specified)
- <https://www.mantia.es/css/fonts/TitilliumText22L004-webfont.woff> (expiration not specified)
- <https://www.mantia.es/css/fonts/TitilliumText22L005-webfont.woff> (expiration not specified)
- <https://www.mantia.es/css/print.css> (expiration not specified)
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- <https://www.mantia.es/img/shared/icons/facebook.png> (expiration not specified)
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- <https://www.mantia.es/img/shared/icons/h-googleplus.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/h-linkedin.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/h-twitter.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/h-youtube.png> (expiration not specified)

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- <https://www.mantia.es/img/shared/icons/icon-close.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/linkedin.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/services/buscar.png> (expiration not specified)
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- <https://www.mantia.es/img/shared/icons/services/cursos-gratis.png> (expiration not specified)
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- <https://www.mantia.es/img/shared/icons/services/elearning.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/services/sescam.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/totop.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/twitter-footer.png> (expiration not specified)
- <https://www.mantia.es/img/shared/icons/youtube.png> (expiration not specified)
- <https://www.mantia.es/img/shared/iso9001.png> (expiration not specified)
- https://www.mantia.es/img/shared/iso9001_pie.png (expiration not specified)
- <https://www.mantia.es/img/shared/logo-mantia-p-b.png> (expiration not specified)
- <https://www.mantia.es/img/shared/logo.png> (expiration not specified)
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- <https://www.mantia.es/img/shared/sello-confianza.png> (expiration not specified)
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- https://www.mantia.es/img/shared/une66181_pie.png (expiration not specified)
- <https://www.mantia.es/img/sliders/curso-gratis-villarrobledo-2017-socorrismo-en-instalaciones-acuaticas.jpg> (expiration not specified)
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- <https://www.mantia.es/img/sliders/curso-gratis-villarrobledo-albacete-plan-de-marketing.jpg> (expiration not specified)
- <https://www.mantia.es/img/sliders/curso-gratis-villarrobledo-atencion-sociosanitaria-en->

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instituciones-sociales.jpg (expiration not specified)

- <https://www.mantia.es/img/sliders/descuentos-con-carne-joven.jpg> (expiration not specified)
- <https://www.mantia.es/img/sliders/oferta-curso-elearning-docencia-de-la-formacion.jpg> (expiration not specified)
- <https://www.mantia.es/js/script.js> (expiration not specified)
- https://cdn.syndication.twimg.com/widgets/timelines/346635142594437120?callback=__twitter.callbacks.tl_i0_346635142594437120_old&dnt=true&domain=www.mantia.es&lang=es&suppress_response_codes=true&t=1683994&tweet_limit=2&tz=GMT-0800 (5 minutes)
- <https://syndication.twitter.com/settings> (10 minutes)
- https://static.doubleclick.net/instream/ad_status.js (15 minutes)
- <https://platform.twitter.com/widgets.js> (30 minutes)
- <https://www.google-analytics.com/analytics.js> (2 hours)

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 1 blocking CSS resources. This causes a delay in rendering your page.

None of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Optimize CSS Delivery](#) of the following:

- <https://www.mantia.es/css/mantiacss.css?20180109>

Consider Fixing:

Minify HTML

Compacting HTML code, including any inline JavaScript and CSS contained in it, can save many bytes of data and speed up download and parse times.

[Minify HTML](#) for the following resources to reduce their size by 1.4KiB (17% reduction).

- Minifying <https://www.mantia.es/> could save 1.4KiB (17% reduction) after compression.

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 26.3KiB (37% reduction).

- Compressing <https://www.mantia.es/img/shared/carne-joven-aqui.png> could save 2.3KiB (31% reduction).
- Compressing https://www.mantia.es/img/shared/eeej_pie.png could save 1.6KiB (29% reduction).
- Compressing <https://www.mantia.es/img/shared/logo.png> could save 1.4KiB (29% reduction).
- Compressing https://www.mantia.es/img/shared/iso9001_pie.png could save 1.4KiB (17% reduction).
- Compressing https://www.mantia.es/img/shared/une66181_pie.png could save 1.3KiB (16% reduction).
- Compressing <https://www.mantia.es/img/shared/logo-mantia-p-b.png> could save 1.1KiB (37% reduction).
- Compressing <https://www.mantia.es/img/shared/icons/services/clase-online.png> could save 1KiB (43% reduction).
- Compressing <https://www.mantia.es/img/shared/icons/services/buscar.png> could save 1KiB (55% reduction).
- Compressing <https://www.mantia.es/img/shared/icons/services/certificate.png> could save 1,011B (47% reduction).
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- Compressing <https://www.mantia.es/img/shared/icons/googleplus.png> could save 925B (68% reduction).
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- Compressing <https://www.mantia.es/img/shared/icons/youtube.png> could save 855B (64% reduction).
- Compressing https://pbs.twimg.com/profile_images/905742226717855745/cMc_1N6o_bigger.jpg could save 854B (26% reduction).
- Compressing https://pbs.twimg.com/profile_images/668730069062430720/7EFWJCZ__bigger.jpg could save 848B (41% reduction).
- Compressing <https://www.mantia.es/img/shared/icons/services/sescam.png> could save 134B (11% reduction).



5 Passed Rules

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Reduce server response time

Your server responded quickly. Learn more about [server response time optimization](#).

Minify CSS

Your CSS is minified. Learn more about [minifying CSS](#).

Minify JavaScript

Your JavaScript content is minified. Learn more about [minifying JavaScript](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).

99 / 100 User Experience

Consider Fixing:

Size tap targets appropriately

Some of the links/buttons on your webpage may be too small for a user to easily tap on a touchscreen. Consider [making these tap targets larger](#) to provide a better user experience.

The following tap targets are close to other nearby tap targets and may need additional spacing around them.

- The tap target `Oposiciones SESCOAM` and 2 others are close to other tap targets final.
- The tap target `` and 5 others are close to other tap targets final.

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- The tap target `#FelizLunes` and 4 others are close to other tap targets.
- The tap target `https://www.ma...ticas_gratis ...` is close to 1 other tap targets.



4 Passed Rules

Avoid plugins

Your page does not appear to use plugins, which would prevent content from being usable on many platforms. Learn more about the importance of [avoiding plugins](#).

Configure the viewport

Your page specifies a viewport matching the device's size, which allows it to render properly on all devices. Learn more about [configuring viewports](#).

Size content to viewport

The contents of your page fit within the viewport. Learn more about [sizing content to the viewport](#).

Use legible font sizes

The text on your page is legible. Learn more about [using legible font sizes](#).

Desktop

Desktop



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! Should Fix:

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- <https://www.mantia.es//cursos/image/catalog/imagen cursos/operaciones-basicas-de-cajas->

Desktop

- gratis.jpg (expiration not specified)
- <https://www.mantia.es//cursos/image/catalog/imagencursos/plan-de-marketing-y-organizacion-de-ventas-gratis.jpg> (expiration not specified)
- <https://www.mantia.es/css/fonts/TitilliumText22L003-webfont.woff> (expiration not specified)
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Desktop

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- <https://www.mantia.es/js/script.js> (expiration not specified)
- https://cdn.syndication.twimg.com/widgets/timelines/346635142594437120?callback=__twitter.callbacks.tl_i0_346635142594437120_old&dnt=true&domain=www.mantia.es&lang=es&suppress_response_codes=true&t=1683994&tweet_limit=2&tz=GMT-0800 (5 minutes)

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- <https://syndication.twitter.com/settings> (10 minutes)
- https://static.doubleclick.net/instream/ad_status.js (15 minutes)
- <https://platform.twitter.com/widgets.js> (30 minutes)
- <https://www.google-analytics.com/analytics.js> (2 hours)

Consider Fixing:

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Desktop

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Desktop

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